

Donadea Running Club Rules 2017

The rules of Donadea Running Club are listed below. Each year you will be asked to complete a new membership form to accompany your annual subscription. This declaration from you signed will state: "I agree to abide by the rules of the club."

The Rules of Donadea Running Club are as follows please read in their entirety:

Club Name

1. The Club shall be called Donadea Running Club.

Club Objectives

2. The objectives of the Club are to promote and encourage running in a healthy environment and within a fun way. The Club welcomes all people interested in running for health reasons, for fun and or to meet like-minded people in County Kildare. The club has been formed to contribute to and support the local community of Donadea and surrounding areas.

Officers and Management Committee

3. The Officers of the Club shall be:
 - a. A Chairman
 - b. A Vice Chairman
 - c. A Secretary
 - d. A Treasurer
 - e. A PRO
 - f. A Committee Member
4. They shall be proposed, seconded and elected verbally at each Annual General Meeting. They shall hold office until the next Annual General Meeting when they shall retire but be eligible for re-election from year to year. Any member is welcome to put themselves forward for any role within the committee at the end of each year. They will be presented then for election at the following AGM.
5. The Secretary shall conduct the correspondence of the Club and shall have custody of all documents pertaining to the Club. He/she shall keep full and correct minutes of all proceedings which can be made available to members on approach.

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6. Members of the Club Committee are not under any circumstances liable for injuries incurred by Club members running on official Club nights. Reference to the club's insurance may be appropriate in case of injury by contacting the Club Secretary.

Accounts

7. The club shall be deemed as non-profit making and as such any surplus income or gains shall be reinvested into the club.
8. The Treasurer shall keep the accounts of the Club and shall make up the annual statement of accounts and balance sheet of the Club on or near to the 31st day of December each year which will be presented to members at the Annual General Meeting. All payments made for or on behalf of the Club shall be made by cheque only, such cheques will be signed on behalf of the club by the Treasurer and the Chairman or Vice Chairman in his/her absence.

Annual General Meeting (AGM)

9. The Annual General Meeting of the Club shall be held every year in December at such time and place as the Committee shall determine.
10. The Chairperson shall give members a minimum of 3 weeks notice as to the date of the meeting.
11. Any member wanting to bring any issue to the Annual General Meeting shall give notice in writing to the Secretary not less than seven days before the date of such meeting.

Membership

12. Membership of the Club shall be open to anyone interested in the sport on application and meeting the current entry level regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs. However, limitation of membership according to available facilities is allowable on a non-discriminatory basis. The membership year runs from January to December.
13. The Club Committee reserves the right to refuse membership, or remove it, only for good cause such as conducts or character which is likely to bring the Club or sport into disrepute. Appeal against refusal or removal may be made to the committee. At such appeals the member will be meet with the Chairperson and a Committee

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member of his/her choice to discuss the appeal. The member may also bring an independent witness or another member of the club to the appeal to act as an independent observer on their behalf.

14. Bullying or Victimisation of any nature will not be tolerated in Donadea Running Club. In such instances pending the findings of an internal investigation it may result in immediate dismissal from the club.
15. The official club meeting times are as follows:
 - ***Tuesday evening at 7.00pm***
 - ***Thursday evening at 7.00pm***
 - ***Saturday morning from 8.00 am***
 - ***Sunday morning (Marathon Miles Summer only) 8.00am***

High visibility safety gear must be worn by members at all times when running on roads outside confines of the forest.

Any member meeting or training outside the official club times as listed above does so at their own risk. These times are deemed the members own personal training sessions and are not the responsibility of the club.

17. It is the member's responsibility to advise a member of the committee if members do not wish their photo to appear on social network sites or the web they need to communicate same in writing and we will ensure this does not happen in club related web based projects.
18. Any member wanting to purchase club kit at a subsidized rate must do so by contacting the member in charge of club kit within seven days of notification period.
19. Due to insurance restrictions members are not permitted to bring pets or children under the age of eighteen on official training nights.
20. Every member shall be bound by and submit to the Rules of the Club. "Information distribution regarding the activities in the club will be sent via group emails to members, all group emails are to be sent via one central source only. The Chairman,

Secretary, or PRO are responsible for information distributed to members, any information that members want to share via the group email system is to be sent directly to the Chairman's email address first. **Members are not permitted to use the club email global address list for their own personal use at any time without permission from the chairperson. These are for club use only.**

21. All members are invited to join the Donadea Running Club facebook page. All information shared on the facebook page is to be club related and promote the club in a professional way, as this is shared with other clubs, members are advised we aim to be presented as a professional, courteous organization so when posting comments on Facebook page please ensure that this is respected. It is not a forum for any negativity, all members have access to committee members email addresses and phone numbers they can be contacted for any grievances there may be. Facebook is not to be used. The PRO will have sole responsibility for maintaining of Facebook page.

Annual Subscription

22. The annual subscription for members shall be such sum as shall be determined by a simple majority of the DRC committee up to three months prior to the renewal date. Subscriptions shall be due no later than 31st Day of January in every year.
23. Please note once paid your annual subscription is non-refundable under any circumstances.
24. Every renewal and new membership has to be completed and posted to the club Treasurer by 31st January each year.
25. Members of the committee and members who take club training sessions will be entitled to a complimentary membership within the year they are serving in each role. All committee members must be committed to the roles and responsibilities outlined and assigned to them.